



Kinship and Brainerd Martial Arts



PRESENT

- JUDO -

If you enjoy wrestling, martial arts, gymnastics or simply wish to improve your fitness, then Judo is perfect for you. Techniques taught will be useful for both self-defense and in competition. Some basic instruction will include tumbling, falling, submission holds and throwing techniques. The level of instruction will be geared for each individual. Beginners are welcome and can begin anytime.

A portion of your registration fee will help
to support Kinship Partners.

NEW LOCATION!

819 WASHINGTON STREET, BRAINERD, MN 56401

Tuesdays & Thursdays and Fridays

Monthly fee \$30 per individual/\$50 parent & child / \$75 family

(Scholarship available to low income.)

Uniforms are \$55, we have them on hand.

| | TUE. | THURS. | FRI. |
|-----------------------------------|------------|------------|------------|
| Childrens Class ages 5 thru 8) | 3:15pm-6pm | 3:15pm-6pm | _____ |
| Adult Class (ages 9 and up) | 6pm-7:30pm | 6pm-7:30pm | 6pm-7:30pm |

Please bring or mail this registration to: Kinship Partners • PO Box 642 • Brainerd, MN 56401
For more information call 218-454-8017

Name: _____

Address: _____ City/Zip _____

Parent's Name _____ Home Phone: _____
(if registering a child)

Total Amount Enclosed: _____

Any medical conditions or special physical assistance needed?

Please make checks payable to Kinship Partners

Statement of Release: *I agree to release Kinship Partners & Brainerd Martial Arts and its employees of all liability related to accidents or injuries which I or my child might incur while participating in the above mentioned activity.*

Parent/Guardian signature: _____